

## **Shanklea PSHCE Overview for 2017-2018**

PSHCE is covered at Shanklea by individual lessons and we strive to provide a broad and balanced approach to PSHE using a wide range of teaching strategies and activities.

In Key Stage 1 and Key Stage 2 each class teacher delivers age specific material to ensure that the PSHCE curriculum is covered in detail.

Both Key Stages teach three core themes:

Core Theme 1 - Health and well being

Core Theme 2 - Relationships

Core Theme 3 - Living in the Wider World

During the year, at Shanklea we also host theme days and participate in events that are national and international events.

All themes are covered over the year on a rotation so that each of the core themes are revisited on a number of occasions.

The topics of: Relationships and Sex Education, Extremism and Radicalisation and Drug education are also covered during the year using age appropriate materials.

### **EYFS/Key Stage 1**

#### **Core Theme 1 - Health and well being**

- Healthy lifestyles
- Hygiene
- Changing and growing
- Emotions
- Keeping safe

#### **Core Theme 2 - Relationships**

- Communication
- Bullying
- Fairness
- Family friends

#### **Core Theme 3 - Living in the Wider World**

- Rules and responsibilities
- Communities
- Money and Finance

## **Key Stage 2**

### **Theme 1- Health and Well being**

- Health
- Healthy lifestyles
- Nutrition and Food
- Aspirations
- Emotions
- Safety
- Growing and changing
- First Aid

### **Theme 2- Relationships**

- Communication
- Collaboration
- Bullying
- Similarities and differences
- Healthy relationships

### **Theme 3 - Living in the Wider World**

- Rules and responsibilities
- Diversity
- Discrimination
- Economic Awareness