



Go Noodle! Is an action packed, fun filled dance and movement activity for all ages. It comprises of dance, zumba, stretching, movements and brain teasers to try at home and school. Children dance to the beat and complete each activity to level up, then watch their monster grow stronger and healthier. When their monster has finished its levels, the children receive a certificate and can then choose another

monster to play with!

We have offered this club to any aged child and currently we have 70 children participating in Go Noodle each week in the after school clubs, which is amazing!

The children enjoy Go Noodle!, not only in after school clubs, but also throughout the school day in their classrooms!

If you would like to create your own monster and be active at home, please visit the Go Noodle website:

<https://www.gonoodle.com>