

# Shanklea Primary School



"We provide a happy, caring and stimulating environment where children recognise and achieve their fullest potential"

## Shanklea Stars of the Term

Reception	Harriet Taylor	Callum McGregor
Year 1	Ewan Maddison	Jessica Carr
Year 2	Maya Jackson	Lori Nicholson
Year 3	Elliot Weedy	Lucy Wilson
Year 4	Abigail Grieves	William Maddison
Year 5	Beth Renton	Adam Wilson Hope
Year 6	Jonathan Jones	Katie Whatnell

### Standard Assessment Tests (SATs)

All state primary school children are examined at the end of Key Stage 1 and Key Stage 2. This is done via a Standard Assessment Test (SAT). The SAT examinations help to identify a student's key academic strengths and weaknesses and help local authorities and the government to determine which schools are struggling or doing well. In most cases, secondary schools will base Year 7 set information on year 6 SAT scores. Children are tested on what they have learned over the course of their school years; and the examinations cover topics such as reading, maths, punctuation and grammar.

### Year 6 Assessments (w/c 8th May)

The Year 6 SAT examinations can be a highly stressful time for both parents and children. As a parent, it is important to realise that these tests do not involve a pass or fail, they are just a way of determining how well your child has understood the information they've learned at primary school. The more relaxed both you and your child are, the better they will perform. Only 3 full school days to go...

### Year 2 Assessments

We will carry out the Year 2 National Tests during the last two week's of this half term (weeks commencing 15th and 22nd May) so the children can fully enjoy their half term holiday.

*Thank you to everyone for your continuing support.*

### Keeping Children Safe

We wish to alert parents that we have received reports of older children encouraging younger ones to take part in anti-social behaviour, including drug taking, in particular at the Skate Park in Alexandra Park. As the nights get lighter and our older children become increasingly independent we feel it is appropriate to encourage parents to be mindful of potential risks to their children's wellbeing.

### Some changes for next week

School will be closed on **Monday 1st May** for the public holiday and on **Thursday 4th May** for local elections. We will be open as usual on Tuesday, Wednesday and Friday. The school menu for Tuesday will be the Week 1 Monday menu: Tomato and Vegetable pasta; salmon fillet; jacket potato with choice of fillings; Fruity chocolate brownie; fresh fruit pots.



### Year 6 SATs Free Breakfast Club

To keep Y6 Shanklea students energized, alert, and at the top of their game, each morning from Monday 8th May to Friday 12th May 2017 a free breakfast will be provided from 8.15a.m.

We will give free healthy breakfasts to Year 6 pupils taking SATs. We are happy to say, that cereal, porridge and toast will be available for the children to eat whilst they settle down and chat with their friends.

Pupils who have eaten our nutritious breakfasts are more alert, have increased concentration levels and improved educational attainment. Recent university research shows a robust link between children eating a good breakfast and doing well in exams. Again this year, Shanklea Primary School will offer breakfasts to all Year 6 pupils so that they focus on their SATS rather than hunger.

A lively, brain fuelling time will be had by all!

## Shanklea Superstar

Well done to **Eve Fellows** who has very generously donated long lengths of hair to the Princess Trust, a charity providing wigs for children undergoing medical treatment. You can see Eve's before and after pictures here. Well done Eve, you are a true superstar!





## Arbeia Roman Experience

Pupils in Year 3 discovered what life was like at one of Britain's most important archaeological sites. Built around AD160, Arbeia Roman Fort once played an essential role in the mighty frontier system of Hadrian's Wall. Based four miles to the east of the Wall's end, it guarded the entrance to the River Tyne and was the military supply base for the 17 forts along the Wall.



Arbeia is the best reconstruction of a Roman fort in Britain and offers visitors a unique insight into the every day life of the Roman army, from the soldier in his barrack room to the commander in his luxurious house.



The children explored the amazing reconstructions of the West Gate, the Commanding Officer's House and Barrack Block, rebuilt where they once stood.



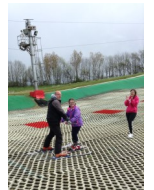
The children had a fabulous time and learnt a lot about life in Roman times.

## Shanklea Skiing at Silksworth!

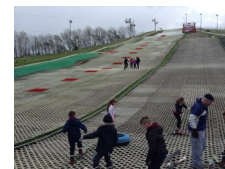
What a week! Shanklea students from years 4 and 5 had great fun



trying skiing at the Silksworth Slope in Sunderland. Indoor skiing is like the regular, outdoor variety but participants are provided with an artificial area on which they can whoosh around. This was perfect for our beginners and newbies who were just learning to ski.



Thank you to Mrs Greenwood and Mrs McConnell for organising this unique sporting experience.

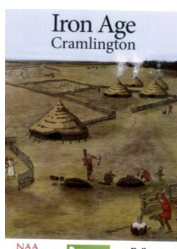


## Skiing Meeting

The presentation and i-movie from last night's ski meeting can be viewed on our website in the Extra-Curricular—Residential Visits Section.

## Iron Age Cramlington

You may be aware of the planned housing development on fields between Manor Walks Shops and Nelson Hill. During land surveys archaeological remains from the Iron Age (800BC to AD 43) were found. A further archaeological dig of the site has discovered evidence of a ditch enclosing roundhouses, a blacksmith's building and other features.



This week, Shanklea pupils from Years 3 and 4 were treated to a guided tour of the site by archaeologists and were given the opportunity to see some artefacts close up. The children learnt about life in Iron Age Britain and the work of archaeologists, which fitted in well with our Romans Topic and our work in Science looking at soil.

Thank you very much to Bellway, Persimmon and NAA Heritage Consultants who not only allowed us to visit but also showed us round and prepared some leaflets to tell the children about Iron Age Cramlington. It was an incredible opportunity to learn about the history on our doorstep and the children had a fantastic (and educational) time.

## What's on at OOSC

Our theme for the week is "Seasonal Foods"

Tuesday	Wednesday	Friday
Seasonal calendar	Odd one out	Do fruit and
Berry Oat Cookie/Flapjacks	Balanced Diet	vegetables
		need a
		doctor?

## Living in Cramlington 2000 years ago.....

Iron Age (800BC to AD 43) people were mostly farmers, living in small farms in the form of large ditched enclosures containing traces of roundhouses (circular timber and thatched houses, built with timber posts and mud walls). Their diet, the houses they lived in, and the customs they followed varied depending on which part of the country they lived in, but we know that they ate porridge made of barley and rye. They would cook their food in the middle of the roundhouse, with the smoke escaping up through the thatched roof; some of the roundhouses we have found have burnt clay in the centre, where the fire was.

The Iron Age people made iron, sometimes in special areas of the settlement, which was used to make ploughs called ards. These were much better than the earlier ploughs, and meant they could farm more land, growing grain and grazing their animals. Iron Age people kept cows and sheep, but also had pigs, and they kept dogs too; we have found bits of animal bone in the big ditches where people would throw away the rubbish from their houses. One of the roundhouses on the site produced a lot of iron slag (a by-product of making iron) and may have been a 'blacksmith's' where tools were made.

As people began to produce and store more grain than they could use, they were able to trade, or 'swap' the extra grain. Land ownership and grain production became the way to gain wealth and power. Britain's first coins were produced, or 'minted', during

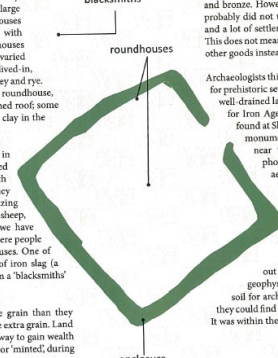
blacksmiths

roundhouses

the Iron Age, around 100 BC. Coins were made of gold, silver, and bronze. However, a lot of the Iron Age people in the area probably did not use coins; we have not found any coins here, and a lot of settlements in Northern England don't have coins. This does not mean the farmers were poor; they may have traded other goods instead.

Archaeologists think that this area might have been a good place for prehistoric settlement, because other similar areas with flat, well-drained land good for farming, had produced evidence for Iron Age activity. Perhaps the nearest settlement was found at Shorton Colliery, next to the Northumberlandia monument. Towards the south-west end of this site, near where the modern houses are now, aerial photographs (photographs taken from an aeroplane) found another of these enclosures, which was partly excavated in 1965.

Because the fields in the area had been bought for building houses, the council archaeologist asked for some work to be done, to see if any archaeology could be found in the fields. A lot of work was carried out across all the fields around the site, using geophysical survey (a technique for looking under the soil for archaeology) and digging lots of trenches to see if they could find archaeological features (pits, ditches and so on). It was within these trenches that the enclosure was discovered.







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## Modeshift Gold

The Modeshift Stars initiative is a National Schools Awards scheme, established to recognise schools who have demonstrated excellence in supporting cycling, walking and other forms of sustainable travel.

In partnership with pupils, teachers, parents, carers, school governors and local residents, plans have been developed that demonstrate our school's commitment to the environment and community concerns around the safety and welfare of all school visitors.

We are particularly proud to announce that Shanklea Primary School has been awarded the **Gold level** – a remarkable achievement in such a short time ...

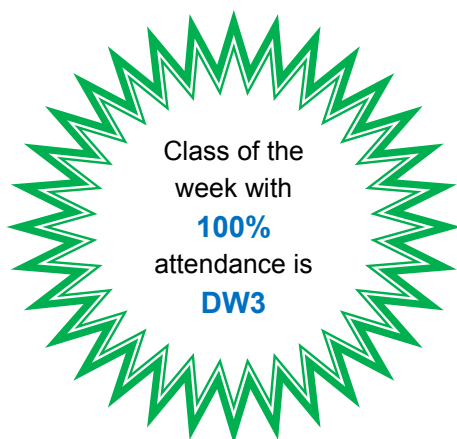
Well done to everyone whose hard work and commitment has made this fantastic achievement possible.

## Attendance

The average attendance for each year group for the last week of last term is:

Reception	Year 1	Year 2
96.8%	97.7%	98.7%

Year 3	Year 4	Year 5	Year 6
96.1%	97.2%	94.7%	93.7%



## Easter Egg Competition Winners

Congratulations to the winners of the Friends of Shanklea Easter Egg Competition. The winners are: **Ruby Jackson, Ben Nicholson, Megan Thornton, Michael Clavering, Libby Jones, Ruby Whatnell, Imogen Mitchell, Hollie Osborne, Georgia Spedding, Alfie Harrison, Libby Barber, Jacob Taylor-Gray, Taliah Ezer, Neve Horn, Dylan Clark, Devon Ross and Claire Bowart.**

## Firefighters Charity

On **Wednesday 10th May 2017**, the Firefighters Charity will be collecting donations from Shanklea. They need:

**Clothing (adult or child), underwear and socks, coats, paired shoes, handbags.**

**Please don't bring: bric a brac, school uniform, bedding or household textiles.**

Bags will be sent out very soon. We would be grateful if you could bring any donation into school on the morning of Wednesday 10th May. Your generosity will not only benefit this worthwhile charity but also raise some additional funds for school too.

## Extra-curricular clubs

Can we please remind parents that they are confirming their agreement to pay the course fee when they sign up for a chargeable extra-curricular club even if their child later decides not to attend as the school has to pay external coaches. It is important that we all encourage children to honour their commitments and not keep changing their minds, particularly if another child could have had their place. Thank you for your support.

## Sainsbury's Active Kids

This year's Sainsbury's Active Kids promotion will be ending soon so could all parents please bring in their vouchers. Last year, we collected **10496** vouchers which enabled us to purchase lots of sports and cookery equipment for the children. Thank you.



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## Summer 1 Important Dates For The Calendar

Week 1	Event
Monday 24 <sup>th</sup> April 2017	Judo 8.00-8.45a.m Y5 Ski-ing at Silksworth Slope Y6 English Boosters 1.00-2.00p.m NUFC Athletics and Fitness 1.00-3.15p.m NUFC Football Club 3.30-4.30p.m Athletics Club 3.30-4.30p.m
Tuesday 25 <sup>th</sup> April 2017	Y3 visit to Iron Age Archaeological site Y4 Ski-ing at Silksworth Slope Y4 Tennis Coaching 1.00-3.00p.m Tri-Golf 3.30-4.30p.m Cricket Club 3.30-4.30p.m
Wednesday 26 <sup>th</sup> April 2017	Little Monkeys' Playgroup 9.00-10.30a.m Y3 Arbeia Trip Y4 visit to Iron Age Archaeological site Y6 Maths Booster 1.00-2.00p.m Tennis Club 3.30-4.30p.m
Thursday 27 <sup>th</sup> April 2017	KS1 NUFC Football 1.00-3.15p.m Homework Club 3.30-4.30p.m Rugby Club 3.30-4.30p.m 2018 Ski Trip Parents' meeting 3.30p.m
Friday 28 <sup>th</sup> April 2017	Yoga 9.00-10.00a.m 10.15a.m EYFS/KS1 Achievement Assembly School Council Meeting 12.30p.m 2.30p.m KS2 Achievement Assembly
Week 2	
Monday 1 <sup>st</sup> May 2017	May Day Bank Holiday
Tuesday 2 <sup>nd</sup> May 2017	Y6 English Booster 1.00-2.00p.m 1.15pm MS1 Road Safety Y3 Tennis Coaching 1.00-3.00p.m Tri-Golf 3.30-4.30p.m Cricket Club 3.30-4.30p.m
Wednesday 3 <sup>rd</sup> May 2017	Little Monkeys' Playgroup 9.00-10.30a.m Y6 Maths Booster 1.00-2.00p.m Tennis Club 3.30-4.30p.m
Thursday 4 <sup>th</sup> May 2017	School closed for Local Elections
Friday 5 <sup>th</sup> May 2017	Yoga 9.00-10.00a.m 10.15a.m EYFS/KS1 Achievement Assembly School Council Meeting 12.30p.m 2.30p.m KS2 Achievement Assembly



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## Summer 1 Important Dates For The Calendar

Week 3	KS2 Y6 SATs Week and free daily Y6 Breakfast Club
Monday 8 <sup>th</sup> May 2017	Judo 8.00-8.45a.m Y6 English Boosters 1.00-2.00p.m NUFC Athletics and Fitness 1.00-3.15p.m NUFC Football Club 3.30-4.30p.m Athletics Club 3.30-4.30p.m
Tuesday 9 <sup>th</sup> May 2017	Y4 Tennis Coaching 1.00-3.00p.m Y5 Dance training 1.00-3.00p.m 1.15 JR1 Road Safety Training Tri-Golf 3.30-4.30p.m Cricket Club 3.30-4.30p.m
Wednesday 10 <sup>th</sup> May 2017	Firefighters Charity Bag Collection 9am NO Toddler Group Y6 Maths Booster 1.00-2.00p.m Y3 Tennis Coaching 1.00-3.00p.m Tri-Golf 3.30-4.30p.m Cricket Club 3.30-4.30p.m
Thursday 11 <sup>th</sup> May 2017	KS1 NUFC Football 1.00-3.15p.m Homework Club 3.30-4.30p.m Rugby Club 3.30-4.30p.m
Friday 12 <sup>th</sup> May 2017	Yoga 9.00-10.00a.m 10.15a.m EYFS/KS1 Achievement Assembly School Council Meeting 12.30p.m 2.30p.m KS2 Achievement Assembly Y6 'SATs are over' party!
Week 4	Year 2 SATs Walk To School Week
Monday 15 <sup>th</sup> May 2017	Judo 8.00-8.45a.m NUFC Athletics and Fitness 1.00-3.15p.m NUFC Football Club 3.30-4.30p.m Athletics Club 3.30-4.30p.m
Tuesday 16 <sup>th</sup> May 2017	Y4 Tennis Coaching 1.00-3.00p.m Y5 Dance training 1.00-3.00p.m 1.15pm MS1 Road Safety Training Tri-Golf 3.30-4.30p.m Cricket Club 3.30-4.30p.m
Wednesday 17 <sup>th</sup> May 2017	Little Monkeys' Playgroup 9.00-10.30a.m Y4 Arbeia Y3 Tennis Coaching 1.00-3.00p.m Tri-Golf 3.30-4.30p.m Cricket Club 3.30-4.30p.m
Thursday 18 <sup>th</sup> May 2017	KS1 NUFC Football 1.00-3.15p.m Rugby Club 3.30-4.30p.m
Friday 19 <sup>th</sup> May 2017	Yoga 9.00-10.00a.m 10.15a.m EYFS/KS1 Achievement Assembly 12.30p.m School Council Meeting 2.00p.m Afternoon Tea PTFA Event



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## Summer 1 Important Dates For The Calendar

Week 5	Year 2 SATs
Monday 22 <sup>nd</sup> May 2017	Judo 8.00-8.45a.m NUFC Athletics and Fitness 1.00-3.15p.m NUFC Football Club 3.30-4.30p.m Athletics Club 3.30-4.30p.m
Tuesday 23 <sup>rd</sup> May 2017	Y4 Tennis Coaching 1.00-3.00p.m Y5 Dance training 1.00-3.00p.m 1.15pm JR1 Road Safety Training 2.45p.m Reception class assembly Tri-Golf 3.30-4.30p.m Cricket Club 3.30-4.30p.m
Wednesday 24 <sup>th</sup> May 2017	Little Monkeys' Playgroup 9.00-10.30a.m Y3 Tennis Coaching 1.00-3.00p.m Tri-Golf 3.30-4.30p.m Cricket Club 3.30-4.30p.m
Thursday 25 <sup>th</sup> May 2017	KS1 NUFC Football 1.00-3.15p.m Rugby Club 3.30-4.30p.m
Friday 26 <sup>th</sup> May 2017	Yoga 9.00-10.00a.m 10.15a.m EYFS/KS1 Achievement Assembly School Council Meeting 12.30p.m School closes

**Monday 29<sup>th</sup> May 2017-Friday 2<sup>nd</sup> June 2017 Half Term Holidays**  
**School re-opens on Monday 5th June 2017**

## Extra-Curricular Clubs/P.E.

	Before school	Morning	Afternoon	After school
Monday	Judo Y2-6	MS1 Indoor PE BD2 Indoor PE	DAC2 Outdoor PE Y5 Indoor PE Y6 Outdoor PE	Y5/6 Athletics KS2 NUFC
Tuesday		DW3 Indoor PE	SH4 Indoor PE Y5 outdoor PE	Y3/4 Tri Golf Y3/5 Cricket
Wednesday			SH4 Outdoor PE DC4 Outdoor PE	Y4 Tennis
Thursday		DC4 Indoor PE	Y1 NUFC Coaching DAC2 Indoor PE BD2 Outdoor PE DW3 Outdoor PE ER3 Indoor PE	Rec/KS1 NUFC KS2 Rugby Homework Club
Friday		JR1 Indoor PE 9-10 Rec Yoga ER3 Outdoor PE		





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## Top tips for keeping your child safe online

### 1. General advice

[www.childnet.com/parents-and-carers](http://www.childnet.com/parents-and-carers)

[www.childnet.com/resources/know-it-all-for-parents](http://www.childnet.com/resources/know-it-all-for-parents)

[www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)

### 2. Turn on Google Safesearch

<https://support.google.com/websearch/answer/510?hl=en>

### 3. Turn on YouTube safety mode

<https://support.google.com/youtube/answer/174084?hl=en>

### 4. Turn on ISP Parental Controls

e.g. <http://help.sky.com/articles/set-up-mcafee-parental-controls>

### 5. Turn on parental controls on games consoles

e.g. <https://support.xbox.com/en-GB/xbox-360/security/xbox-live-parental-control/>

### 6. Turn on browser parental controls

e.g. [https://support.google.com/chrome/answer/3463947?p=ui\\_supervised\\_users&rd=1](https://support.google.com/chrome/answer/3463947?p=ui_supervised_users&rd=1)

### 7. Turn on online TV and film parental controls

e.g. [http://iplayerhelp.external.bbc.co.uk/tv/pg\\_PIN](http://iplayerhelp.external.bbc.co.uk/tv/pg_PIN)

### 8. Turn on PC Operating System parental controls

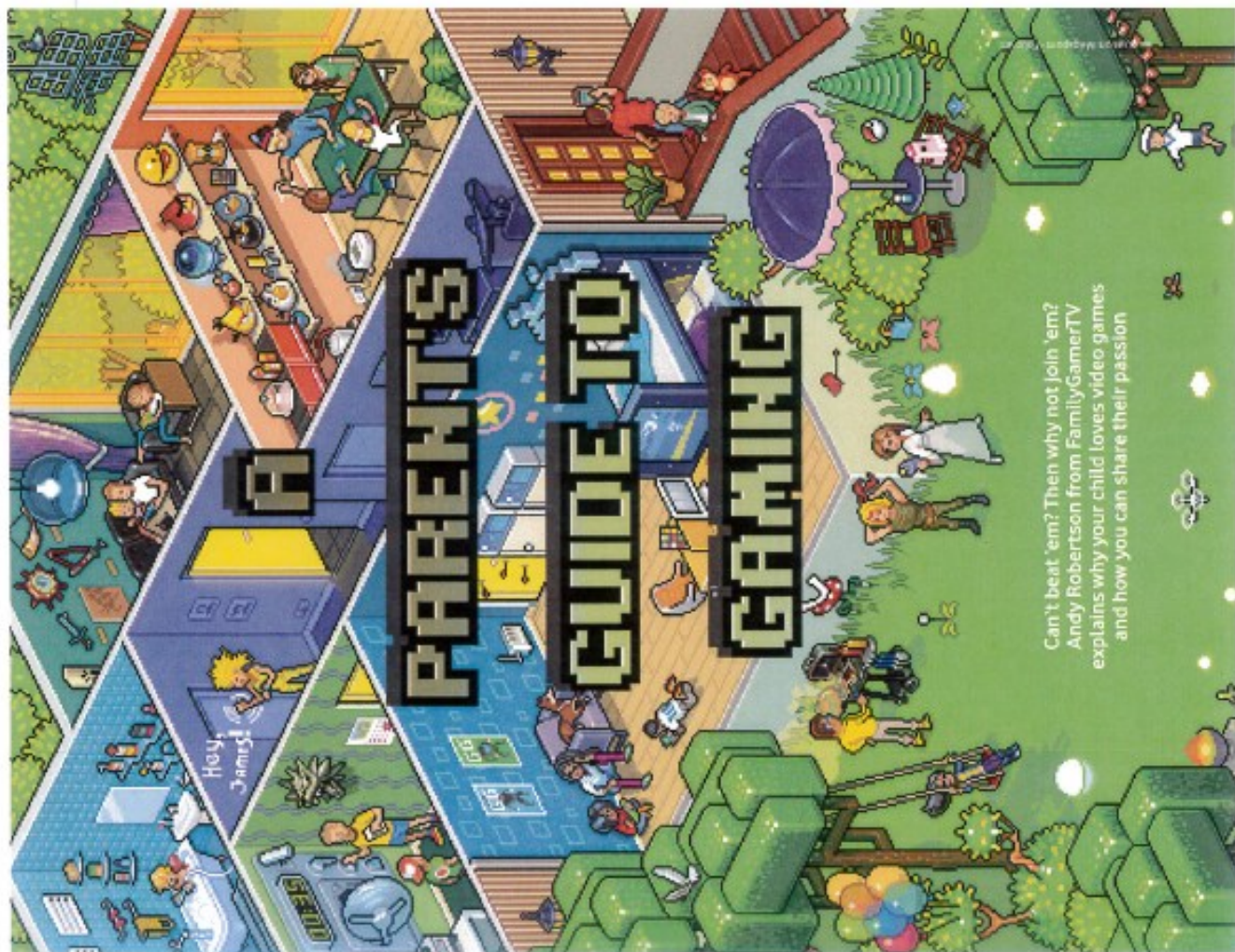
e.g. <https://www.youtube.com/watch?v=VJoB-ZIWtRo>

### 9. Turn on TV parental controls

e.g. <http://help.sky.com/articles/set-up-parental-controls-on-your-tv>

### Further information

<https://www.vodafone.com/content/digital-parenting/tools/how-to.html#>



Can't beat 'em? Then why not join 'em?  
Andy Robertson from FamilyGamerTV  
explains why your child loves video games  
and how you can share their passion

**M**enion video games and many parents roll their eyes at what is often a point of conflict and concern in the home. While games are second nature to children, parents worry about addiction, the negative impact gaming may have on their child's concentration and fitness and where in-app purchases are concerned, the amount of money it may cost. But, although research into gaming is still in its infancy, studies show that there are actually lots of positive lessons to be learnt from gaming. As well as helping to develop social skills, such as taking turns and collaborating, games can also nurture strategic and conceptual thinking. You just have to set some ground rules.

Screen time is a recurring concern. General advice is that up to an hour a day is acceptable, but a better measure for parents is how varied a child's screen time and interactions are. Ensuring children engage in a variety of activities on their screen instigates regular breaks between sessions and can also create a context for families to play games together.

Lack of exercise is another perceived danger for gaming children. Certainly, youngsters need to engage in a range of activities that aren't all sedentary or take place indoors. While some games with motion controls build in movement, it's essential that games form part of a healthy lifestyle. Perhaps the biggest difficulty for parents is being an outsider in this crucial part of their child's leisure time. Even for those who haven't developed an enjoyment of games growing up, it's important to find titles they can play with their child.

By researching online or watching family gaming quotes, parents have the chance to take an active role both in choosing the games their children play and in enjoying them together. Keeping gaming technology in shared family spaces, and ensuring

tablets don't end up in bedrooms is another way to stay involved in your child's video game enjoyment.

Parents often assume that children don't want Mum and Dad interfering with their games, but most youngsters are keen to share and talk about the games they play – just ask your child about their favourite Minecraft mob.

Finally, it's crucial that you set up parental controls on tablets and consoles before putting them in the hands of children. This not only specifies what PEGI age-rated games can be played but limits online interactions and sharing as you deem appropriate. You can also disable in-app purchases so you don't have any surprises in your next bill.

Doing this as a family means that you can agree the settings together and have a healthy conversation about which games you play, and for how long you play them.

While not all of these things are easy to achieve, it's important to invest the time and effort. Make video games a family activity and most concerns will be resolved along the way. Children also get more out of these experiences by discussing and sharing them with the wider family.



**"Most youngsters are keen to share and talk about the games they play – just ask them about their favourite Minecraft mob"**

## Family gaming tips

### 1 Play together

Keep games consoles in communal rooms and play games together. There are a number of active and sports titles available for consoles that the whole family can join in with.

### 2 Check PEGI ratings

These statutory age ratings help parents identify appropriate games based on their content.

### 3 Set up parental controls

Ensure you have specified what content children can access with secure passwords and user settings.

### 4 Regular breaks

Screen time studies vary but all agree that regular breaks are essential. Take one every 45-60 minutes.

### 5 Check play history

See what your child plays, and for how long, by checking the user history on their profile. For example, on the 3DS this is in the Activity Log app.

## A bit about PEGI ratings

Many video games in Europe are given a PEGI age rating. If you wouldn't want your child to watch an 18 film, you probably wouldn't want them to play an 18 game. PEGI ratings can actually prevent children accessing age-inappropriate games. You can do this by setting age-appropriate parental controls on your child's games consoles and devices.

To find out more about setting parental controls and for what explanation of age ratings, go to our [locks and settings](#) section, which begins on page 59.



