



Cramlington School Sport Partnership



Newsletter Summer Term 2016-17

School Sport Partnership Update

July 2017

Volume 4, Issue 2

As we conclude the 4th year of Cramlington School Sport Partnership, we continue to celebrate the range of opportunities now offered to children in primary schools across Cramlington. With curriculum support up-skilling primary school teachers to ensure that children are experiencing high quality physical education, and by working closely with a wide range of community providers we are

able to offer an engaging and exciting range of extra-curricular activities. We hope that we are beginning to ensure that there is sustainability, leaving a lasting legacy for the future.

Children across Cramlington also continue to have positive experiences of sporting competition in a wide range of activities through the calendar of Level 2 and Level 3 School Games events.

As we move into 2017-18, this is an exciting time for us, as we look forward to welcoming Cramlington Village Primary School into the School Sport Partnership, and wait for announcements on increased Primary PE and Sport Premium funding through implementation of the Government's Obesity Strategy.

Wishing everyone a safe and active summer! Gill

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Professional Development for Teachers

We use the Sport Premium funding to provide ongoing professional development for teachers. The aim is to increase both knowledge and confidence in teaching PE, which will then ensure sustainability for the future.



This year, staff across the Partnership have worked alongside specialist teachers and coaches in delivering dance, rugby, tennis, cricket, football and multiskills. We have also offered teacher training courses in dance and cricket. Teachers pick up new ideas from sports

festivals and sports coaches who are leading extra-curricular activities, which can then be used in their own lessons.

These programmes create valuable links with community

clubs, as children get the opportunity to meet coaches, and the coaches are able to talent-spot and promote their community sessions.



Year 5 Skipping Festival

Spring Term saw the return of our annual Y5 Skipping Festival, hosted by Chris Corcoran of "Skipping School".

This year's overall winning school were **Burnside Primary School**.



This event requires plenty of preparation in schools beforehand, which takes place in PE lessons, skipping clubs and in the playground. Schools compete in a range of individual skills, partner skills and team activities. The highlight of this event is the Skip Dance competition—each school prepares a dance routine involving the whole class/team. These routines showcase the full range of the children's skipping skills, and their creativity as they include other pieces of equipment, such as hula hoops and footballs, and some schools even wear costumes and makeup!



Y3 and Y5 Cricket Festivals

In June 2017, almost 600 children from across the Partnership visited Cramlington Cricket Club to take part in cricket festivals for all Y3 and Y5 pupils. The 6 festivals, led by coaches and volunteers from Cramlington Cricket Club, took place over 3 days. Children took part in a range of fun cricket games designed to develop the different cricket skills. Teachers were also able to learn some new games that they could take back to

school and use in their PE lessons. There were plenty of smiles on show, as well as some superb teamwork and very promising cricket skills!

For more information about Cramlington CC, contact Paul Bramley: 07885295862, brammaz_958@hotmail.com



Y1 Multiskills Festivals

In June, our Y1 Multiskills festivals unfortunately fell victim to the British summer weather. Y1 pupils from all 7 schools and 100 Sports Leaders were ready for action but the 3 original festivals had to be cancelled.

Some of the rearranged events also then had to be cancelled due to the weather, however festivals did go ahead at

Eastlea, Hareside and Beaconhill. At each school, their Y5 or Y6 Sports Leaders led the

fun activities for the younger pupils. The activities are designed to develop agility, balance and coordination, as well as promoting teamwork and social skills such as taking turns, working with a partner or group, and responding appropriately to winning and losing.



Gifted & Talented Academies

This year we have continued our two programmes for our most talented athletes. Our Y5&6 Multiskills Academy ran during the Spring term, where schools identify their most talented children to attend a skills testing session, then the top 20 children are chosen from across the 7 schools. Every school was represented as



the Academy members then went on to work with coach Tony Dowson of Shape Performance to develop their

fundamental movement skills, to help their performance in whichever sport(s) or activities they participate in. 2016-17 also saw the very successful development of our KS2 Dance Academy, run by Cheryl Day of Creative Dance

North East. Our group of dancers, ranging from Y3-Y6 and representing all 7 schools, worked hard in their weekly sessions to prepare a performance for the Gateshead Dance Festival, held in April at The Sage. Their Michael Jackson inspired routine was fantastic,

and their performance at The Sage was one to be proud of! Since then, we have auditioned for a new intake, ready to go forward into 2017-18, where we hope to perform again at the Gateshead Dance Festival.



to develop their



Active Travel

Schools across Cramlington take part in Active Travel initiatives run by Schools Go Smarter on behalf of Northumberland County Council. Activities include Walk to School Week, Fancy Feet Whirly Wheels, Dr Bike visits and scooter training sessions.

Fancy Feet Whirly Wheels is a regional challenge and Beaconhill finished 3rd in the first competition and were the overall winners of the second challenge. They won a visit from bike stunt team 3Sixty and a £750 voucher for Brightkidz high visibility clothing and accessories. 1169 children from

Beaconhill, Burnside, Northburn and Shanklea took part in Walk to School Week in May 2017.

Children across Cramlington have also taken part in Level 1 and Level 2 Bikeability courses this year, which involve proving their ability to cycle safely on roads in the local vicinity.

Schools Go Smarter officers have worked particularly closely this year with Beaconhill, Hareside, Northburn and Shanklea.



Schools have the opportunity to work towards accreditation from Modeshift Stars, a national award scheme to recognise schools who are supporting sustainable and active travel.

This year Beaconhill and Northburn have achieved Bronze accreditation. Shanklea achieved the Modeshift Gold award and also went on to win the "Schools Sustainable Travel Award" at the Love Northumberland Awards.

Level 2 School Games Competitions

All our schools are involved in a year-round programme of School Games Level 2 Inter-School competitions. The winners from each competition progress to represent our Cramlington & Seaton Valley area at the Level 3 event.

Y3&4 Gymnastics

The gymnastics event requires children to perform two gymnastics routines, which are scored at the competition, which was held in February at Northern Gymnastics Club. This year's competition saw **Eastlea** finish in 3rd place, **Cragside** in 2nd, and the winners were **Northburn**.



Y5 Boys' and Y5/6 Girls' Football

Both football competitions were held at CLV in March. **Northburn** won the boys' competition, retaining the title they held from last year, and **Burnside** were the girls' winners.



Y6 Netball

This popular competition took on a new 7-a-side format this year and saw **Cragside** as the overall winners.

Y5 and Y6 Hockey

The hockey competitions took place in March. **Northburn** were the winners of the Y5 competition and **Eastlea** won the Y6 event.



Y3&4 Tri-Golf

The golf competition was held for the second year at Arcot Hall Golf Club. Children took part in a range of activities testing their golf skills and scoring points for their team. The winning team were from **Shanklea Primary School**.

Y3&4 and Y5&6 Rugby

The tag rugby competitions took place in May at Astley High School. All of our school teams worked hard, putting into practice what they had learnt with Cramlington Rockets and improving throughout the course of the competition. Both competitions this year were won by schools from Seaton Valley.

Y5&6 Athletics

Hundreds of pupils from across the Partnership competed in the Quadkids athletics competition. This event involves completing a sprint, a long run, standing long jump and the howler throw. Times and distances are converted into points for a team score. **Shanklea** and **Northburn** won the morning

and afternoon competitions, with **Northburn** having the highest score overall, making them the overall winners.

Y3&4 Athletics

Y3 & 4 pupils complete the Quadkids activities at school and then submit their scores in this virtual competition.

Cragside won as the school with the highest team score.



Y4 Tennis

The Y4 tennis competition was hosted by Cramlington Community Tennis Programme at Alexandra Park. Pupils competed in a programme of tennis matches against children from the different schools. **Shanklea** and **Northburn** won the morning and afternoon competitions, with **Shanklea** finishing as overall winners with a higher points total.



Well done to everybody who has taken part in School Games competitions this year and thank you to the organisers, sports leaders and volunteer officials!

Northumberland School Games—22nd June 2017

The School Games calendar culminates with the Northumberland School Games. This one-day event sees thousands of children from across Northumberland competing in a range of sports. Each team has won their area's Level 2 competition and then represents their area at these county finals.

The event is a celebration of sport across the year, and competitors and spectators were entertained by Djembe drummers from **Cragside** and singing from **Eastlea** and **Hareside**. Sports Leaders from **Eastlea** were trained throughout the day as Change4Life Activators, and pupils were inspired by meeting gymnast Craig Heap.

Our schools represent Cramlington and Seaton Valley area, and this year was the most successful year so far for the Cramlington primary schools, with representation at 10 different events and medaling in 4 events:

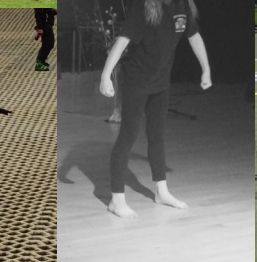
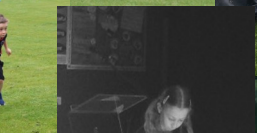
Y4 Tennis—**Shanklea**
Y3&4 Athletics—**Cragside**
Y3&4 Gymnastics—**Northburn** **SILVER**
Y3&4 Tri-Golf—**Shanklea** **BRONZE**
Y5 Boys' Football—**Northburn**
Y5 Hockey—**Northburn**
Y5&6 Girls' Football—**Burnside** **GOLD**
Y5&6 Athletics—**Northburn**
Y6 Hockey—**Eastlea**
Y6 Netball—**Cragside** **SILVER**



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Summer Holiday Activities



Summer Camps are running:
Week 1: Mon 24th - Fri 28th July
Week 3: Mon 7th - Fri 11th August
Week 5: Mon 21st - Fri 25th August

All courses are held at Northburn Sports Centre.
Days run 10am-3pm, with drop off if required from 9am at no extra cost.

Children require: football trainers, playing kit (potential change of clothes, weather dependent), sun cream, shin pads, drink and a packed lunch.

£12 per single day or £50 for the full 5 days. Book 2 holiday weeks and get a 3rd free! (first 2 weeks have to be taken over the summer, but the 3rd can be taken any time up to May Half Term 2018).

Contact: Dan Horsley
dan@thefutsalpartnership.com

Miss Day of Creative Dance
North East is well known to children across Cramlington.
Join her for a 3 day dance workshop for children aged 5-11 years:

- Monday 7th, Tuesday 8th, Wednesday 9th August
- 10am-3pm each day

Dance Studio, Sporting Club, Cramlington Learning Village.
Different styles of dance from pop, musical theatre, contemporary and street dance.

£40 for 3 days.

Booking is essential, to book contact Cheryl Day:
creativedancenortheast@gmail.com or 07908218327



Active Northumberland run a Summer holiday Activity Programme throughout the school holidays.

Brochures can be picked up at any of the local leisure centres (including Concordia and Cramlington Sporting Club).

Cramlington Rockets' record-breaking holiday sports camps return over the summer holidays:
24th and 25th July 29th and 30th August

Camps are multisport or Rugby
10am-3pm, Cramlington Sporting Club
£10 per day

Contact Steve Beaty, Community Manager:
rocketscommunity@gmail.com 07984630083

