

Monday

Blyth Central

Digital Skills [B]

9.30 - 11.30
Starts 11th April
Fourteen Week Course

Blyth West

Breastfeeding Support Group @ Blyth Health Centre

1.00- 2.30

Garden With Geoff

12:45 - 2:15
Weekly Sessions

Cramlington West

Jingle Babies @ Beaconhill Community Centre

(3-6 months)

10.45 - 11.15
£3 Registration Fee applies

Breastfeeding Support Group @ Brockwell Clinic

10.00 - 11.30

Incredible Babies [B]

Please check the centre for new start
dates [T] [C]

Seaton Valley

Learning Together Through Play (0-4 years)

1.30 - 3.00
Starts 11th April

Move It On @ The Point, Blyth [B]

1.00 - 3.00 [T]
Starts 11th April

Tuesday

Blyth Central

ASD Family Group [B]

9.30 - 11.30 [T] [C]
Runs on first Tuesday of every month

Birth Registration

9.30 - 12.15

Learning Together Through Play (0-9 months)

1.00 - 2.30
Starts 12th April

Ready, Steady, Parent

6.00pm - 8.00pm

Blyth West

Learning Together Through Play (0-9 months)

1.00 - 2.30
Starts 12th April

Cramlington West

Weigh and Stay

9.00 - 10.00
Returns 12th April

Storytime @ Cramlington Library

10.00 - 11.00
Returns 12th April

Meet a Mum @ Cramlington Health Centre

For details speak to your Health Visitor

Seaton Valley

Breastfeeding Support Group

10:00 - 11.00

Employability Course [B]

1.00 - 3.00 [C]
Starts 19th April

Community Garden @ Seaton Delaval Hall

3.30 - 5.00 [T]
Weekly Sessions

Young Parents To Be @ The Point, Blyth

1.00 - 4.00 [T]
Next Course starts 10th May

Wednesday

Blyth Central

Learning Together Through Play (0-4 years) @ New Delaval First School

Starts 13th April
1.00 - 2.30

Employability Skills [B]

1.00 - 3.00 [T] [C]
Starts 20h April
12 Week Course

Breastfeeding Beyond Babies

1.00 - 2.30
Returns 13th April

Disability Group Story Time

3.30 - 5.00
Starts 20th April

Blyth West

Incredible Years Course [B]

9.30 - 11.30 [T] [C]
Starts 25th May

Sing and Sign [B]

10.15 - 11.00
27th April (Five Week Course)
15th June (Five Week Course)

Cramlington West

Learning Together Through Play (0-4 years)

9:30-11.00
Starts 13th April

Seaton Valley

Stop Smoking Clinic

1.00 - 4.00

Learning Together Through Play (0-9 months)

1.30 - 3.00
Starts 13th April

Thursday

Blyth Central

Incredible Years Course [B]

9.30 - 11.30 [T] [C]
Starts 7th June
14 Week Course

Credit Union

By Appointment

Learning Together Through Play (0-4 years)

1.00 - 2.30
Starts 14th April

Blyth West

Tots 'n' Teens

12.30 - 2.30 [T] [C]
Returns 14th April

Cramlington West

Learning Together Through Play (0-9 months)

9:30 - 11:00

Learning Together Through Play East Hartford Community Centre (0-9 months)

1.00 - 2.30
Starts 14th April

Diddy Sports @ Northburn (under 5 yrs old)

2.00 - 2.45

Seaton Valley

Weigh and Stay

10.00 - 11.30

Friday

Blyth Central

First Aid Course [B]

12.30 - 2.30
Starts 20th May
Two Week Course

Blyth West

Learning Together Through Play (0-4 years)

1.00 - 2.30
Starts 15th April

Cramlington West

Childminder's Drop-in

9.30 - 11.00
Starts 15th April

As ever, our centres are
always on the look-out for
exciting new courses,
activities and sessions to put
on throughout the year

We'll advertise these within
centres and on Facebook as
they come up.



**Sure Start
Children's Centres**
Blyth Valley

What's ON
April - July 2016

Believe in
children
Barnardo's
Northumberland
Northumberland County Council

KEY	
[B]	Booking Essential!
[T]	Transport Available
[C]	Crèche Available

Activity	Description
ASD Family Group	Support group for Dads, Mums and Carers who have a child on the autism spectrum.
Birth Registration	Register the birth of your baby with us.
Breastfeeding Beyond Babies	Come and join us in a relaxed and friendly environment to find out the benefits and more about breastfeeding your older baby.
Breastfeeding Support Group	An informal group for pregnant and breastfeeding Mums. Gain advice and support from health professionals, other Mums and trained Peer Supporters
Childminder's Drop-in	A drop-in session for childminders
Community Garden	Community Garden based at Seaton Delaval Hall, Transport available
Credit Union	Do you need advice about saving, loans, bank accounts or other financial advice? We can make an appointment for credit union to meet you in our hub and give you the advice you need.
Diddy Sports	A variety of fun sports activities for under 5's involving bats, balls, balance beams, hoops, runner bikes and more!
Digital Skills	A fourteen week Course that brings you up to speed with using IT safely
Disability Group Storytime	Stories, songs and rhymes for all the family.
Employability Skills	Realise your potential and identify your personal strengths which could lead to employment
First Aid Course	Emergency children and babies first aid.
Garden With Geoff	Fun and educational drop-in session at Blyth West garden with Geoff. Please dress appropriately!
Incredible Babies (0-9 months)	These courses aim to help you feel more confident in dealing with your child's behaviour and build up a store of ideas, skills, and techniques for coping. (0-9 months)
Incredible Years (10 months-4 years)	These courses aim to help you feel more confident in dealing with your child's behaviour and build up a store of ideas, skills, and techniques for coping. (10 months to 3 years)
Jingle Babies	A free session aged at babies aged between 3 and 6 months. Please note a £3 one-off registration fee applies.
Learning Together Through Play (0-9 months)	informal drop in for parents/carers with babies under 9 months
Learning Together Through Play (0-4 years)	this is a fun informal drop in for Dads, mums, carers and children under 5 years. A variety of activities indoors/outdoors. 50p per child
Meet a Mum	Post-natal sessions run by community Nursery Nurse at Cramlington Health Centre For details speak to your Health Visitor
Move It On	For parents aged 19-25, fun sessions on child development, attachment, messy play and safety.

Ready, Steady, Parent	The course will help you prepare for your child's birth and caring for your new baby .
Sing and Sign	A six week course that will help you encourage amazing early communication
Storytime	Stories, songs and rhymes for all the family.
Stop Smoking Clinic	One to One support available to help you stop smoking.
Toddle Talk	Toddle talk is a group for children aged 18-24 month and their parent/ carers to promote children's communication and play skills .
Tots 'n' Teens	Especially for parents/ carers aged 19 and under and their children. Have fun, chill and chat, do activities and meet other parents .
Weigh and Stay	An opportunity to have your child weighed by a Health Visitor..
Young Parents to Be	A fun group for young parents to be, with information and advice on pregnancy, birth, and caring for baby

Blyth Central Pre-School **01670 798 814**
Monday - Friday (Term Time) 8.45 - 11.45 a.m. & 12.30 - 3.30 p.m.
 We are a preschool within a purpose built centre situated in grounds specially developed for children, including an enclosed outdoor play area. We understand the importance of learning to play in a high quality environment, and value the individuality of each child. We also believe in working in close partnership with parents to make sure every child is happy, healthy and safe. Please feel free to contact us for further information, or to arrange a visit.

Blyth West Nursery **01670 541 160**
 Blyth West nursery is a purpose built, 56 place provision with access to an outdoor area. We're open fifty-one weeks a year, from 7.30am -5.45pm. We offer flexible care for children from three months to school age, including children on the 2/3 year entitlement. The staff team are very experienced and fully qualified. We provide developmentally appropriate activities which are exciting and fun for children. Please feel free to contact us for further information, or to arrange a visit.

We are looking for more people to have a say in our service.
 Join our Parents Forum . We meet monthly, with transport and Crèche available. Call Gina on 01670 798800 for more details

Blyth Central Centre	Wright Street, NE24 1HG.	Tel:01670 798800
Blyth West Centre	Devonworth Place, NE24 5AQ	Tel: 01670 541150
Cramlington West Centre	Langdale Drive, NE23 8EH.	Tel:01670 710080
Seaton Valley Centre	Western Avenue, NE25 0EP	Tel:0191 2375184
Blythvalleychildrenscentres.co.uk		Facebook/Blythvalleychildrenscentre

