



# Cramlington School Sport Partnership



Newsletter Autumn Term 2014-15

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## Sport Premium Funding Update

Cramlington School Sport Partnership is funded by the Government's Primary Sport Premium. This funding - provided jointly by the Departments for Education, Health and Culture, Media and Sport - is allocated to primary school headteachers. The funding is ring-fenced and therefore can only be spent on the provision of PE and sport in schools. The 7 Cramlington primary schools have pooled their money to achieve maximum impact and ensure pupils across Cramlington have similar opportunities.

On 6th February 2014 the Prime Minister, David Cameron committed to continue the

funding for the Primary PE & Sport Premium until 2020.

**Purpose of funding:** Schools must spend the additional funding on improving their provision of PE and sport, but they will have the freedom to choose how they do this.

**The four objectives of the Primary PE and Sport Premium funding are:**

- Improve the quality of existing PE teaching through continuing professional learning in PE, so that all primary pupils improve their health, skills and physical literacy, and have broader

exposure to a range of sports

- Increase participation levels in competitive sport and healthy activity

- Increase the quality of initial teacher training in PE and sport

- Schools understand and value the benefits of high quality PE and sport, including its use as a tool for whole school improvement

This is the second year of the Sport Premium funding and Cramlington SSP, we hope you enjoy finding out what is happening in PE and sport in Cramlington.

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## Cramlington School Games Mark Success

All seven schools in the Cramlington School Sport Partnership achieved School Games Mark for 2013-14. In the previous year, only two schools had achieved the award. The award was launched in 2012 to reward schools for their commitment to school sport and the development of competition across their school.

For 2013-14, **Beaconhill** and **Burnside** achieved the Bronze award; **Craggsdale**, **Hareside**, **Northburn** and **Shanklea** achieved Silver, and **Eastlea** achieved Gold, one of only 10 schools in Northumberland.

Marie-Anne Dowson, School Games Organiser for Cramlington & Seaton Valley, said "I am absolutely delighted with the success of the Cramlington primary schools in achieving their School Games Mark for 2013-14. It's a testament to the commitment to PE, sport and competition in Cramlington that all of the primary schools were successful in their applications. The number of schools achieving the Silver Mark, demonstrates the improvements that have taken place in preparing pupils for competitions. Eastlea Primary being

awarded the Gold Level is the ultimate accolade in School Sport, and something staff and pupils should be very proud of."



Many congratulations to all schools!

## Hoopstarz!

All 7 primary schools have been involved with a healthy activity Hula Hooping project in the Autumn term. Every school had a "Hoopstarz Experience Day" - a series of workshops for pupils in reception to Y3, led by teachers from KidzRfit. Pupils enjoyed learning the basics of hula hooping, some impressive tricks and played fun games using the

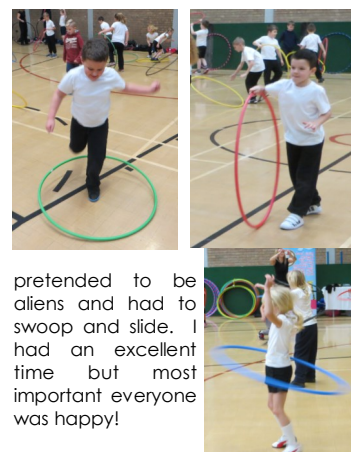
hoops. Each school received a class set of high quality hoops for their school and additional staff training to support teaching in PE lessons and extra-curricular clubs.

All Y3 pupils were also invited to attend a half day Hoopstarz festival, where they practised their skills further and learnt even more tricks.

**Primary**, wrote the following report about her experiences at the Hoopstarz Festival: "On Friday we went to a hula hooping festival. First we had to warm up, we went in, out, left and right. Then the hula hooping began and we did tricks. We played a game called Last Man Standing. Brandy was the last one standing in Eastlea.

Miley, a Y3 pupil at **Eastlea**

We learned to dive in, limbo and shuffle. Miss Fox and Mrs Percy both joined in too. We did the cha cha slide and we played games. We used our hoops as spaceships and we



pretended to be aliens and had to swoop and slide. I had an excellent time but most important everyone was happy!



## Y2 Multiskills Festivals



This was a whole day event attended by over 230 year 2 children from **Cragside, Beaconhill, Eastlea, Hareside and Northburn Primary Schools**. Each school also provided 12 Sport Leaders who very ably led the activities. The children had the

opportunity to try a variety of activities such as Buckaroo, Spaceships and



Hoopstarz, which all required Agility, Balance and Coordination.

Y2 pupils from Northburn told us about their favourite activities: "I liked the jump to spot game. It was fun" -Holly. "We used hula hoops to play the space game, it was really funny"-Lucy.



## Y4 Racket Sports Festivals

Pupils from all 7 schools attended our Y4 Racket Sports Festivals held at Concordia. The 10 activities used skills related to badminton, tennis and squash, and were led very ably by Y8 Sports Leaders from Cramlington Learning Village, and Ian McAllister from Concordia Squash Club.



Ella, Y4 pupil from **Burnside Primary**, and Callum from **Cragside** wrote the following reports:

Year 4 went to play squash, tennis and badminton. On the way there everyone was excited and eager to learn how to



play these sports. When we got there we were introduced to our amazing sports leaders. One of the pupils said "I thought these sports were enjoyable. They were well organised thanks to the sports leaders!". Lots of staff enjoyed it and said that it gave the children a great opportunity to try new sports! (Ella)



I enjoyed learning new badminton and squash skills. I also learnt some tennis skills. It was cool how I got to be taught by a professional squash coach. I was really proud of myself for being able to beat the squash coach! (Callum)



## Y5 Hoops4Health Basketball

Year 5 pupils from all 7 schools took part in the annual Hoops4Health programme with Newcastle Eagles. Schools receive a biennial Healthy Lifestyle Roadshow delivered in school by Newcastle Eagles players and staff—this year roadshows took place at **Burnside, Cragside, Hareside, Northburn and Shanklea**. As part of the programme, pupils in all schools receive basketball



to help schools prepare two teams for the Cramlington and Seaton Valley area Hoops4Health competition, which was held at Blyth Sports Centre in November.

There was a great atmosphere as 18 teams took part in the competition, where the basketball was of a very good standard, with some excellent teamwork and individual skills on show. The pool games led to semi-finals between **Eastlea Primary**, Seaton Sluice Middle School and the two teams from **Burnside Primary**. **Eastlea** lost



their semi-final in a nail-biting sudden death shootout after a 2-2 draw against **Burnside**. The final was Burnside 1 v Burnside 2. With over 100 other players cheering them on, **Burnside 2** were the victors. They now go on to represent Cramlington & Seaton Valley in the Hoops4Health finals to be played at the Newcastle Eagles game on Friday 6th February. Good Luck!!



coaching from Anthony Sampson of Newcastle Eagles Community Foundation,



## Extra-curricular Activities

By working with local sports clubs and providers such as Active Northumberland, the sport premium funding is being used by schools to increase both the number of extra-curricular opportunities and broaden the range of activities on offer. Pupils this term have had opportunities to try sports such as archery, gymnastics and street dance.

The sport premium funding has enabled **Northburn Primary** to start a new girls' football club and the team have written the following report:

We have lots of fun at training. We play penalty shoot out—we don't keep score because it's all about trying and if you don't score it doesn't matter. As well as lots of fun games we try new skills and moves, such as turning with the ball, passing and dribbling. In

February we are going to a competition at Cramlington Sporting Club. We all have high hopes and we all want to win.

Kira said "I'm really excited for the tournament because it's a new experience."



# Level 2 School Games Competitions

Pupils in Key Stage 2 (years 3-6) are involved in competitive sports at 3 levels:

**Level 1:** Intra-school competition—competition for all pupils in school, including in PE lessons, extra-curricular clubs, and sports day (School Games Day)

**Level 2:** Inter-school competition—teams are selected to compete against other schools from Cramlington & Seaton Valley

**Level 3:** Northumberland School Games—winning teams from each level 2 competition go to the Northumberland multi-sport event and compete against other winning teams from across Northumberland.

Through the appropriate use of competitive sport, pupils are encouraged to show the School Games Values: passion, belief, respect, honesty and teamwork.

## Year 4 Football

Teams from **Cragside**, **Beaconhill**, **Eastlea** and **Burnside** competed with teams from Seaton Valley at the Y4 Football competition held at Astley High School in

October. **Burnside** finished in second place, while **Cragside** were the winners. **Cragside 1** will go on to represent Cramlington & Seaton Valley at the Northumberland School Games in June.



Congratulations to all teams and GOOD LUCK to Cragside!!

## U11 Sportshall Athletics

**Cragside**, **Eastlea** and **Shanklea** schools took teams of Y5/6 pupils to the U11 Sportshall athletics competition held at Concordia in November. Pupils competed



in a range of running, jumping and throwing events, including sprint relays, standing triple jump and foam javelin throw. **Cragside** finished as runners-up, while **Shanklea** were winners and will go on to represent Cramlington & Seaton Valley at the Northumberland School Games Sportshall Athletics final in January. Good Luck!!



# Top-Up Swimming

Swimming continues to be high on the agenda in the new National Curriculum for PE. Schools must provide swimming instruction in either KS1 or KS2, and the expectation is for pupils leaving primary school (Y6) to be able to swim 25m. Swimming is one of the easiest forms of exercise for children of all abilities, and school swimming is the most effective way of teaching children how to be safe in and

around water ([www.swimming.org/schoolswimming](http://www.swimming.org/schoolswimming)).

This year, there will be a programme of heavily subsidised, intensive swimming courses in the school holidays, aimed at pupils who are not yet meeting the 25m requirement. At October half term, pupils from **Northburn** and **Shanklea** attended additional swimming lessons at

Concordia. 8 pupils completed the week-long course, and 50% achieved 25m by the end of the sessions, while another 25% made good improvements but didn't quite make 25m.

The next holiday courses will be held in February, with places being offered to pupils from Beaconhill and Cragside.

# Olympian Visits

## Eastlea, Hareside and Northburn

Primary Schools have been lucky enough to have visits from Team GB Olympians. Eastlea and Hareside were visited by British volleyball player Peter Bakare, while Northburn hosted long-jumper Chris Tomlinson.

"We were very lucky to have Chris come in to talk to us about the Olympics and about being inspired to



have a go and keep trying. Lots of us now would like to try a new sport and become great at it, just like Chris!" reported Emma and Elize, "we raised some money by getting sponsored to do fitness exercises so we can get some new sports equipment. We raised £1265! We all loved our visit from Chris!"

# Tag Rugby Coaching

Continuing our partnership with Cramlington Rockets, coach Steve Beaty has been working this term with KS2 pupils at **Burnside**, **Shanklea** and **Northburn**. The

sessions are designed to be a fun introduction to tag rugby, and are aimed to help prepare schools for the School Games competitions later in the year. The remaining schools will have coaching in their PE lessons in the Spring term.



# Professional Development

Sport Premium funding is being used to release teachers for training and provide high quality professional development opportunities and resources for teachers and staff, to support the delivery of high quality PE in our primary schools.

This term, there was training in hula-hooping as part of our Hoopstarz project, to enable staff to use hula-hooping in their



PE lessons or run an extra-curricular club. This session was attended by staff from every Cramlington primary school. Key Steps Gymnastics training was led by coaches from Northern Gymnastics Club, to help staff to prepare a team for the Level 2 School Games gymnastics competition. There have been two dance courses, one for KS1 teachers and one for KS2, attended by 22 staff in total, from Beaconhill, Burnside and Eastlea. Staff from Burnside and Cragside attended BUPA's "Start To Move" training for developing physical literacy in 4-7 year olds. There has also been the first of six Youth Sport Trust modules for PE Coordinators to develop the leadership and management of PE in primary schools.

Staff in all schools have also had the opportunity to work alongside professional coaches in football, basketball, rugby, skipping and hula-hooping, allowing them to pick up tips and ideas for their own teaching.

Many thanks to all staff who have taken part so enthusiastically in PE CPD this term!



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## Dates for your Diary

### SPRING 1

Friday 9<sup>th</sup> January – Y5/6 G&T Testing – Burnside, Shanklea, Northburn, 3.30-5.00pm, CLV

Monday 12<sup>th</sup> January-Monday 23<sup>rd</sup> March – Y4 G&T Dance Academy, 3.45-4.45pm, Eastlea Primary School

Wednesday 14<sup>th</sup> January – YST Inclusion Training CPD, 9.00am-3.00pm, venue tbc

Wednesday 14<sup>th</sup> January – KS1 Dance CPD, 3.45-5.30pm, Hareside Primary School

Friday 16<sup>th</sup> January – Y5/6 G&T Testing – Craggside, Hareside, Beaconhill, Eastlea, 3.30-5.00pm, CLV

Wednesday 21<sup>st</sup> January – KS2 Dance CPD, 3.45-5.30pm, Hareside Primary School

Thursday 22<sup>nd</sup> January – FA Football Primary Teachers Award, 9.00am-3.00pm, Ashington High School

Friday 23<sup>rd</sup> January-Friday 6<sup>th</sup> March – Y5/6 G&T Multiskills Academy, 3.30-5.00pm, CLV

Monday 2<sup>nd</sup> February – School Games Y3/4 Gymnastics, 9.30-11.45am, Northern Gymnastics Centre

Wednesday 4<sup>th</sup> February – TOP Dance CPD, 9.00am-3.00pm, Kirkley Hall

Friday 6<sup>th</sup> February – Cramlington Night at Newcastle Eagles

Week beginning 16<sup>th</sup> February (half term) – Top-Up Swimming – Beaconhill / Craggside

### SPRING 2

Wednesday 25<sup>th</sup> February – School Games Y5/6 Girls' Football and Y5 Boys' Football, 3.30-5.00pm, CLV

Thursday 26<sup>th</sup> February – Tag Rugby CPD, 4.00-5.00pm, venue tbc

Tuesday 3<sup>rd</sup> March – PE Coordinators' Meeting, 3.45-4.45pm, CLV

Monday 9<sup>th</sup> March – BUPA Start to Move CPD (EYFS&KS1), 9.00am-3.00pm, Kirkley Hall

Wednesday 18<sup>th</sup> March – School Games Y6 Netball, 3.30-5.00pm, CLV

Wednesday 25<sup>th</sup> March – School Games Y5 and Y6 Hockey, 3.30-5.00pm, CLV

Thursday 26<sup>th</sup> March – Y5 Skipping Festival, 9.30am-12.00pm, Blyth Sports Centre

Easter Holidays – Top-Up Swimming – Eastlea/Burnside/Hareside

## Community Links

**Cramlington Vikings Basketball Club:** Cramlington Vikings Basketball Club is run by The Newcastle Eagles Community Foundation, and they train weekly at Cramlington Sporting Club. Head Coach, Anthony Sampson, works closely with the Cramlington primary schools through our partnership with The Newcastle Eagles. As a result, the club continues to grow in numbers, doubling its membership in the past year to over 60 members. They

now have two U12 teams playing competitive basketball on a Saturday morning. Training sessions for U12 players are 6-7pm on a Wednesday at Sporting Club, contact Anthony Sampson for more information:

**A.sampson@eaglescommunityfoundation.com**



**Cramlington Cricket Club:** Cramlington Cricket Club train and play at Cramlington Sporting Club. They have an active junior club, and through the Cricket Festivals for Years 3 and 5, held in the last summer term, they engaged 9 new U9 players and 7 new U11s, taking their junior membership from 26 to 42—the highest numbers the club has ever had. Training starts again on 3rd February:

- 6-7pm for school years 3 and 4
- 7-8pm for school years 5 and 6
- 8-9pm for school years 7 and above

All sessions are held at Sporting Club.

For more information, contact:

Paul Bramley: **brammaz\_958@hotmail.com** or

Ben Cuthbertson: **bcuthbertson14@googlemail.com**



Here at The Education Network we are proud to support schools and community link projects across the region with funding and sponsorship.

As an education recruitment specialist we also provide a consultative approach to school recruitment offering short term, long term and permanent recruitment solutions.

We are recruiting for teachers and teaching support staff across Northumberland and have work available immediately. We offer teachers with good to excellent references guaranteed work contracts and provide our teachers and support staff with FREE CPD.

If you are a teacher or teaching assistant available for at least one day a week we would love to hear from you. Lots of regular local work available and we will also pay a registrations bonus of £100 for anyone who registers this term and completes a total of 10 full days.

Start the New Year with confidence!

FREE BEHAVIOUR MANAGEMENT TRAINING FOR TEACHERS & TEACHING ASSISTANTS. These much sought after sessions will be led by ex-award winning SEBD Headteacher, Steve Thursby. Steve has an MA in Special Educational Needs and has vast experience in dealing effectively with behaviour issues and additional educational needs. Twilight sessions will take place from Monday 12<sup>th</sup> January to Friday 16<sup>th</sup> January in our Newcastle office.

Contact the office on 0191 2323 7890 or e-mail Newcastle@ednetwork.co.uk [www.theeducationnetwork.co.uk](http://www.theeducationnetwork.co.uk)