

Cramlington School Sport Partnership



Newsletter Spring Term 2020-21

Cramlington School Sport Partnership Update

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What a year 2020-21 has been! We have all had to show flexibility, resilience and a determination to make things happen as we adapted to the restrictions facing us. The important role that being active plays in both physical and mental health has been highlighted this year and we have continued to use the PE and Sport Premium funding to

support PE, sport and physical activity both in school and at home.

On 17th June it was announced by the Government that the PE and Sport Premium funding will continue to next school year, so we will be able to carry on with activities to support pupils and school staff to harness the many benefits of taking part in PE, sport and physical activity.

Thank you to everyone who has been involved in the SSP programme this year, helping the children of Cramlington to stay active!

Have a great summer!

Gill Smith
SSP Coordinator



FAST! Fun and Active Summer Term

As children returned to school after lockdown 3 and the Easter holidays, we wanted to create opportunities for them to be active, try something different, and most importantly have a fun shared experience with their friends. This led to development of the FAST! Project - Fun and Active Summer Term!

Working with some of our local partners, schools were offered a variety of activities with something suitable for all year groups from Nursery to Y6:

- Dance Blast from Creative Dance Centre
- Soccercise from Cramlington United
- Little Movers
- Mindfulness from Jillates



Year 5 Skipping

In previous years we have held a big Cramlington & Seaton Valley skipping festival for pupils in Year 5. As we weren't able to hold the event this year, over the summer term we worked with Virtual Skipping League to run a series of skipping challenges for Y5 classes. The intention of the activity was to promote physical activity in PE lessons, but also in the playground and during active breaks in lessons. Pupils have also been practicing their skipping at home! Each pupil records their own best score for the number of skips they can complete in 30 seconds. This score contributes to a class and school total, but more importantly pupils have seen their own scores improve over the term.

The inter-school challenges included the highest scoring and most improved schools and nominating the school's most improved pupil. Impressive improvements in school scores between Challenge 1 and Challenge 3 include **Eastlea** and **Cragside** who improved by 76% and 72% respectively.

Individual pupils were nominated for the "Most Improved Skipper" award for a wide variety of reasons including:

- "When we first handed out the skipping ropes they found it challenging to skip independently. She has demonstrated patience and self-belief. As a result, she now skips with confidence and can now do things like crossover and even the triple butterfly!"
- "On the first session he could not skip at all. He immediately told me this was something he was going to work on.....and he did!"
- "He has helped people by giving them advice and sharing his experiences with them."
- "His scores have increased by approximately 10

each week (23,35,45,55), he has demonstrated a consistent good attitude to skipping and tried hard to push himself further each time"

- "They have demonstrated excellent resilience in PE lessons, which is something they find difficult to do in core lessons in the classroom."

This activity continues until the end of the summer term. Winning schools so far:

Challenge 1: **Burnside Primary**

Challenge 2: **Eastlea Primary**

Challenge 3: **Cragside CoE Primary**

Challenge 4: all pupils who were nominated!



School Games

The School Games calendar has looked very different this year with virtual competitions and virtual live finals. In the majority of cases the events were for whole classes to enter, rather than just a team, with everybody's scores contributing to a class average. During the summer term there were competitions for Y3 and Y4 Gymnastics, Y5 Football Skills and Y6 Hockey Skills.

Y3 & Y4 Gymnastics

Pupils in Years 3 & 4 learned the Key Steps gymnastics routines for this event. Videos of festival, team and individual performances were submitted from whole classes, teams and each school's competitive gymnasts. In Cramlington & Seaton Valley the Y3 competition was won by **Eastlea Primary** and the Y4 team competition and competitive gymnast's event were both won by **Shanklea Primary School**. These teams went forward to represent our area in the Virtual Live County Final.

Y5 Football Skills

The Y5 Football Skills competition required pupils to take part in 5 different skills, including dribbling, passing and agility. This event was won by **Cragside CofE Primary School class 5HC**, with **Shanklea Primary RB5** in 2nd and **Cragside**

5JM in 3rd place. The winners and runners up both progressed to the Virtual Live County Finals.

Y6 Hockey Skills

Like the football skills competition, Y6 pupils took part in 5 challenges testing passing and dribbling skills. This event was won by **Northburn Primary Class 12**, with Seaton Sluice Middle in 2nd and **Northburn Class 13** in 3rd place. The winners and runners up both represented Cramlington & Seaton Valley in the Virtual Live County Finals.

Virtual Live County Finals

The Level 3 County Festival, usually held in the summer at Cramlington Learning Village, was replaced by a series of Virtual Live County Finals. These virtual competitions were hosted by Justin Lockwood and involved schools from across Northumberland performing the skills live. As well as finals for gymnastics, football and hockey, there were also live events for Y4 Cricket and Y5 & Y6 Quadkids, where we were represented by

Beaconhill Primary School

and Northburn Primary School Class 12.

All together 984 pupils took part in these events, almost 150 of whom were from Cramlington SSP schools. Well done to all pupils who represented our area in the county finals, and congratulations to **Northburn** who won bronze medals in Y6 Quadkids and **Cragside** who finished with silver medals in Y5 Football.



Northumberland School Games Week

Northumberland School Games Week took place from 21st-25th June. Schools were invited to hold intra-school competitions, or a fun festival to give their pupils the opportunity to try a new sport, such as tri-golf, skipping or tennis. Schools could order a wide range of certificates celebrating Gold, Silver and Bronze finishes, as well as recognising pupils demonstrating the School Games Values - passion, determination, honesty, teamwork, self belief and respect.

A new resource - Teamwork Challenge - was created for the week and many schools had fun trying out the teamwork activities.

Well done to everyone who took part in Northumberland School Games Week 2021!



School News

Many of our SSP schools joined with thousands of pupils nationwide in "England Does The Daily Mile" on 30th April.



Cragside and Shanklea joined with Whytrig Middle School for a friendly football competition, organised by Cragside's Mr Beck. Whytrig were the winners with Cragside teams coming 2nd and 3rd.

Several schools have replaced residential visits (which haven't been able to go ahead this year) with activity days and sleepovers. Working with Challenge Northumberland a lot of fun was had by all!



Eastlea Primary School's Bike Club has continued when possible this year, and they were chosen to be ambassadors for the "Big Northumberland Gear Change" initiative. This included a ride accompanied by a film crew! Check it out at northumberlandgearchange.co.uk and sign up for the sustainable travel challenge.



Gill Smith
Cramlington School Sport Partnership Coordinator
E-mail: Gill.Smith@northumberland.gov.uk