

PSHE / RSE Education

Parent Consultation

Monday 7th June 2021 at 4.30pm

delivered by Sharon Hagan PSHE

lead for Shanklea Primary School

Aims of the meeting

- 🌀 To share what PSHE / RSE covers – the new guidance
- 🌀 To understand why the subject is important and why the DFE have made it statutory.
- 🌀 To have the opportunity to look at the resources and coverage from SCARF from EYFS to end of Key Stage 2.
- 🌀 Know that there will be a survey/google doc questionnaire with regards to the teaching of PHSE/RSE at Shanklea Primary.

WHY?

**POLICY STATEMENT: RELATIONSHIPS EDUCATION,
RELATIONSHIPS AND SEX EDUCATION, AND
PERSONAL, SOCIAL, HEALTH AND ECONOMIC
EDUCATION**

- 👁 Demands of the modern world
- 👁 Safeguarding
- 👁 Promoting healthier lifestyles
- 👁 Acknowledges the good work already done in many schools



When ?

Must be in place by Summer 2021 at the latest due September 2021 due to COVID



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The guidance states:

- Schools to start teaching RSE/RE in September 2020, with schools encouraged to begin teaching earlier but due to COVID time scale changed.
- All primary schools in England teaching 'Relationships Education'.
- All secondary schools teaching 'Relationships and Sex Education'.



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- Retaining the parental right of withdrawal from sex education, with new rights for children to ‘opt-in’ as they approach age 16.
- Flexibility for schools in their approach, including for faith schools to teach within the tenets of their faith.

The Importance of PHSE and RSE

PSHE education has proven impact on life chances and academic success when delivered well.

These developments mean that all pupils can benefit from an education that keeps them safe, healthy and prepared for the realities of modern life.

85% of schools already teach PSHE that covers health and relationships.

PSHE education needs regular curriculum time like any other subject. PSHE has suffered from reduced curriculum time in the past because it has not been a national curriculum subject, but now Relationship and Health Education is statutory.

“The evidence shows that personal, social, health and economic (PSHE) education can improve the physical and psychosocial well-being of pupils. A virtuous cycle can be achieved, whereby pupils with better health and well-being can achieve better academically, which in turn leads to greater success.”

Ofsted

What are the new statutory requirements for KS1 and KS2

- The **Health Education** and **Relationships Education** aspects of PSHE (personal, social, health and economic) education will be compulsory in all primary schools from summer term 2021 (latest September 2021 due to COVID).
- This covers broad areas of particular relevance and concern to children and young people today. It should ensure that every child is guaranteed a PSHE education that covers mental health and wellbeing, physical health (including healthy lifestyles and first aid) and learning about safe, healthy relationships, including understanding consent and negotiating life online.

What is covered in relationships education?

- Relationships Education in primary schools will protect children.
- The new Government guidance sets out the content under the following headings: 'Families and people who care for me', 'Caring friendships', 'Respectful relationships', 'Online relationships', 'Being safe'.
- There is widespread agreement that children need to be able to recognise abusive behaviour and to know how to seek help if they are worried about abuse or experience it. The new guidance states that by the end of primary school all children should know: 'how to report concerns or abuse, and the vocabulary and confidence needed to do so'.
- RSE aims to put in place the building blocks needed for positive and safe relationships of all kinds. This will start with family and friends, how to treat each other with kindness, and recognising the difference between online and offline friendships.
- The new Government guidance is compatible with the Equalities Act 2010 – "Relationships Education should promote equal, safe and enjoyable relationships and be taught in a way which fosters LGBT and gender equality" – The Sex Education Forum.

Sex Education

- These new statutory requirements do not extend to sex education at KS1 and 2 (beyond the biological reproductive aspects schools already cover in school. However the DFE continues to recommend that all primary schools should have a sex education programme tailored to the age and the physical maturity of the pupils.
- Therefore we have added the conception lessons to Year 6.

Physical health and mental wellbeing education:

- ① The focus in primary school should be on teaching the characteristics of good physical health and mental wellbeing. Teachers should be clear that mental wellbeing is a normal part of daily life, in the same way as physical health.
- ① Children must be taught by the end of primary:
- ① Mental wellbeing, Internet safety and harms, Physical health and fitness, Healthy eating, Drugs, alcohol and tobacco, Health and prevention, Basic first aid and Changing adolescent body.

What is RSE?

Relationships Sex and Health Education will be compulsory in all primary schools from summer term 2021.

Relationships

Ways to build & maintain caring friendships

Anti-bullying

Families & people who care for me

Showing respect

E-Safety

Being safe, the difference between appropriate and inappropriate touch

Health

Ways to keep fit & healthy

Mental wellbeing, talking about emotions, strategies to stay calm & healthy

Healthy Eating

Drugs, alcohol and tobacco

First aid

Puberty

Conception (Year 6 only)



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What does the guidance say about parents?

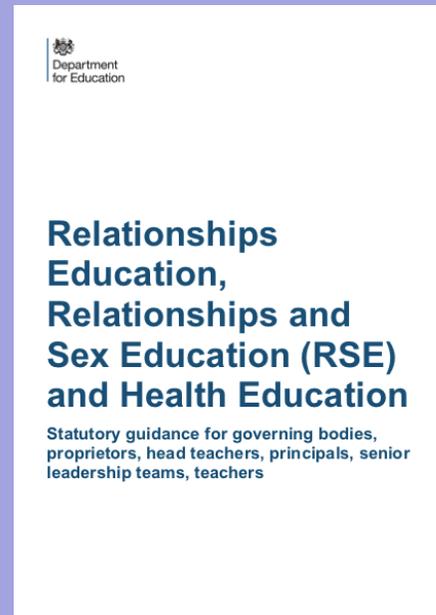
- Parents (and carers) are the **prime educators** for children on ...these matters. Schools complement and reinforce this role...building on what pupils learn at home...
- Parents have the **right to request that their child be withdrawn** from some or all of sex education that primary schools to deliver
- Schools must **consult parents in developing and reviewing their RSE policy.**



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- Schools should... ensure that...they **provide examples of the resources that they plan to use** (as part of RSE) as this can be reassuring for parents and enables them to continue the conversations started in class at home
- Schools should ensure that parents **know what will be taught and when.**
- Parents should be given every opportunity to **understand the purpose and content of Relationships (and Sex) Education.** Good communication and opportunities for parents to understand and ask questions about the school's approach help increase confidence in the curriculum.

Meeting our statutory duty ...



Covers all the Statutory
Guidance on RSE and H within
a comprehensive PSHE programme

Available if any body wants one